

# OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH

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***FIFTH SUNDAY IN ORDINARY TIME— FEBRUARY 5TH, 2023***  
***'You are the salt of the earth'. - 'You are the light of the world'***

Following upon the teaching of the Beatitudes, Jesus uses the now familiar metaphors of salt and light to describe the life of discipleship. We take salt and light for granted in our society, but these commodities were more precious in ancient cultures. Just as now, salt was used in Jesus' time for flavoring, as a preservative, and as a healing agent. Similarly, the widespread use of electricity in the modern world makes us less aware of the value and importance of light in our lives.

Still, our familiarity with this passage from Matthew's Gospel speaks well to the abiding power of the imagery that Jesus presented. Jesus' call to be salt for the earth and light for the world powerfully states our mission as



Church and as Christians. Our commitment to social justice flows from the exhortation that Jesus gives us in today's Gospel. Some of the activities that this commitment leads us to are given more concrete expression as the Corporal and Spiritual Works of Mercy. When we feed the hungry, clothe the naked, console those who mourn, and so on, we show ourselves to be the salt of the earth and the light of the world. When we do these things with the community of faith, the Church, we are indeed acting as "a city set on a mountain" that cannot be hidden!

Loyola Press

## ANNOUNCEMENTS

We will be taking a special "Storm Damage" maintenance collection this weekend. The rectory was almost crushed by a fallen tree that had to be removed, our fence has been severely damaged, two of our sheds developed roof leaks as did the rectory and the church gutters were partially destroyed. We ask that you be generous as we recover and repair God's house.

We are taking photographs for our Parish Directory after all masses this weekend. This is an important parish project to commemorate the 70<sup>th</sup> Anniversary of OLMC. Please see Isabel in the hall after this mass to have your photo taken. We also need your contact info so please fill out the sheet in the rear of the church. If you are unable to sit for a photograph but wish to be included, please email one you already have and we will add it to the directory.

The Girl scouts will be selling cookies after the Masses.

Please join us for fellowship, coffee, and donuts after the 9:00 & 11:15am Masses.

## V DOMINGO ORDINARIO- FEBRERO 5, 2023

### 'Ustedes son la sal de la tierra' - 'Ustedes son la luz del mundo'

Siguiendo la enseñanza de las Bienaventuranzas, Jesús usa las ahora conocidas metáforas de la sal y la luz para describir la vida del discipulado. En nuestro tiempo present no le damos el mismo valor a la sal y la luz en nuestra sociedad, pero estos productos eran máspreciados en las culturas antiguas. Al igual que ahora, la sal se usaba en el tiempo de Jesús para dar sabor, como conservante y como agente curativo. Del mismo modo, el uso generalizado de la electricidad en el mundo moderno nos hace menos conscientes del valor y la importancia de la luz en nuestras vidas.

Aún así, nuestra familiaridad con este pasaje del Evangelio de Mateo habla bien del poder permanente de las imágenes que presentó Jesús. El llamado de Jesús a ser sal para la tierra y luz para el mundo afirma poderosamente nuestra misión como Iglesia y como cristianos. Nuestro compromiso con la justicia social brota de la exhortación que Jesús nos da en el Evangelio de hoy. Algunas de las actividades a las que nos lleva este compromiso se concretan en las Obras de Misericordia Corporales y Espirituales. Cuando alimentamos a los hambrientos, vestimos a los desnudos, consolamos a los que lloran, etc., nos mostramos como la sal de la tierra y la luz del mundo. Cuando hacemos estas cosas con la comunidad de fe, la Iglesia, ¡realmente estamos actuando como “una ciudad asentada sobre una montaña” que no se puede esconder!

## POPE FRANCIS APOSTOLIC JOURNEY TO THE DEMOCRATIC REPUBLIC OF CONGO AND SOUTH SUDAN

Pope Francis arrived in Congo Jan. 31 at the start of a six-day visit that will end with an ecumenical pilgrimage to South Sudan. Both Congo and South Sudan are rich in natural resources and torn by violence.

*"Diamonds are usually rare," he said, "yet here they are abundant."*

*"If that is true of the material wealth hidden in the soil, it is even more true of the spiritual wealth present within your hearts," he said. "For it is from hearts that peace and development are born, because, with God's help, men and women are capable of justice and of forgiveness, of concord and reconciliation, of commitment and perseverance in putting to good use the many talents they have received."*

Every person in Congo has a part to play, Pope Francis insisted. *"May violence and hatred no longer find room in the heart or on the lips of anyone, since these are inhuman and un-Christian sentiments that arrest development and bring us back to a gloomy past," he said.*



Catholic News Service

## SAINT OF THE WEEK ST. SCHOLASTICA, FEB 10

Saint Scholastica was the twin sister of Saint Benedict. Benedict studied in Rome but then decided to devote all of his life to the search for God. He organized several community dwellings and finally established a very important monastery at Monte Cassino. Then Scholastica helped her brother found a community of religious women about five miles south of his monastery.



Santa Escolástica era la hermana gemela de San Benito. Benito estudió en Roma pero luego decidió dedicar toda su vida a la búsqueda de Dios. Organizó varias viviendas comunitarias y finalmente estableció un monasterio muy importante en Monte Cassino. Luego, Escolastica ayudó a su hermano a fundar una comunidad de mujeres religiosas a unas cinco millas al sur de su monasterio.

# SCHEDULE

## Weekday Mass

Wednesday — Friday, 12 noon

## Weekend Mass

Saturday Vigil at 4:30 PM

Sunday at 9:00 and 11:15 AM in English, 5:00 PM in Spanish

## Reconciliation

Saturday at 3:30 PM and by appointment

## Office Hours

Wednesday — Friday:

10 AM - 12 PM; 2 - 4 PM

The church is open Wednesday — Sunday from 10 AM to 4 PM for personal prayer.

*“At the heart of silence is prayer. At the heart of prayer is faith. At the heart of faith is life. At the heart of life is service.”* St. Teresa of Avila

# MASS INTENTIONS

Mass Intentions February 4<sup>th</sup> – 10<sup>th</sup> 2023

Mass Intentions Feb. 4 – 10, 2023

Sat. Feb. 4<sup>th</sup>: 4:30pm: + Don & Edna Waddell

Sun. Feb. 5<sup>th</sup> 9am: + Agatha & Edward Wallack

11:15: + Joseph Ortman

5:00: + Jose Luis Carmona

Wed. Feb. 8<sup>th</sup> :12:00: + Pilar Paredes

Thurs. Feb. 9<sup>th</sup>: + Grayson Henry Pesch

Fri. Feb. 10<sup>th</sup> 12:00: + Katheryn Kirk

*May the souls of all the faithful departed, through the mercy of God, rest in*

# WEEKLY COLLECTION

**January 28-29 2023**

General Fund and EFT: **\$2,215.29**

*Thank you for your generosity to our Parish Community*

# PARISH STAFF

**Fr. Jhonnatan Flórez Carmona**

Parish Priest

frjcarmona@ourladycarmelvalley.org

**Gail Quinnan**

Assistant to the Pastor (Volunteer)

olmc@ourladycarmelvalley.org

**Rebecca Bayless**

Bookkeeper

accounting@ourladycarmelvalley.org

**Richard Carr**

Music Ministry

music@ourladycarmelvalley.org

**Angelica Lozano**

Custodian

# PARISH VOLUNTEER MINISTRIES

## Pastoral Council

- Dede Woodhead (chair), Alondra Klemek (vice chair), Jeff Hawkins (secretary), Tess Arthur, J Concepción Jara, Tom Rowland, Trini Resendiz

## Finance Council

- Alex Gray (chair), Jim Rice (secretary), A.B. Introcaso, Jack McAleer, Ed Quinnan

## Faith Formation

- **First Communion:** Jennifer Bodner (1st year), Marilyn Morgadinho (2nd year)
- **Confirmation:** Tess Arthur (1st year), Alondra Klemek and Brisa Cabrera (2nd year)
- **RCIA / Adult Faith Formation:** John Condon

**Bereavement Ministry:**

Trudy Dowd

**Manna Ministry:**

Janice Hawkins

**Human Trafficking**

Brendan Cook

**Parish Hall & Kitchen Rental:** A.B. Introcaso

**Social Media:**

Lorraine Yglesias

**Website:**

John Finn

**Lectors:**

Dede Woodhead

**Ministers of the Eucharist:**

Lorraine Ring

**Coffee Hospitality Ministry:**

Rosemary Ellis

**Sacristans:**

Richard Ring

**Ushers:**

Mary O'Neil and

Marcia Tybroski



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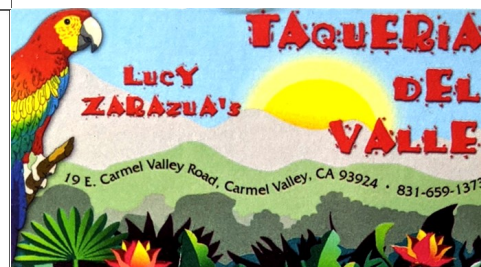
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