



# OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH

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## FIRST SUNDAY OF ADVENT—DEC. 1ST, 2024 BE VIGILANT AT ALL TIMES

Today is the first Sunday of Advent, which is also the first Sunday of the new liturgical year. In this new liturgical year, the Gospel of Luke will be the primary Gospel proclaimed (Lectionary Cycle C). Today's Gospel we hear Jesus speak to his disciples about the need for vigilance and prayer as they wait for the coming of the Son of Man in glory.

Though Jesus predicts a time of destruction and fear, Jesus indicates that others will be frightened; Jesus' disciples are not to fear, but are to stand tall. Yet Jesus does not promise deliverance from anxiety or tribulations. He encourages his disciples to pray for strength. The early Christian communities did not find consolation in the promise of a utopia, nor should we. Instead, we find in our Christian faith the means by which we witness to God's unfailing love for us in all circumstances.

Jesus' predictions about the end times may sound dire, but in the next paragraph Luke tells us that people woke early to listen to Jesus' in his person and in his message, those who heard Jesus found strength and consolation. Like the first Christians, we may encounter events and circumstances that could lead us to despair. Through prayer, however, we find strength and consolation in Jesus' words and in his continuing presence with us to endure all things and to witness to the action of God in our world.

Loyola Press



## MASS INTENTIONS

Nov. 30<sup>th</sup> - Dec. 8<sup>st</sup> 2024

Sat. Vigil Nov. 30<sup>th</sup> 4:30: + Lois Lynn  
McCarthy (4<sup>th</sup> Anniv)

Sun. Dec. 1<sup>st</sup> 9:00 + Marilyn Tully  
11:00: + Jean Mouré

Wed. Dec. 4<sup>th</sup> 12:00: + Thomas Vonah

Thu. Dec. 5<sup>th</sup> 12:00: + Madeline  
Dickmann

Fri. Dec. 6<sup>th</sup> 12:00: + John Diaz

Sat. Dec. 7<sup>th</sup> 4:30: + Paul Tocchet

Sun. Dec. 8<sup>th</sup> 9:00: + Yolande René

11:00: + Des Wytmans

**Misa en Espanol:** 1:00 pm + José Ortiz

MAY THE SOULS OF ALL THE FAITHFUL  
DEPARTED, THROUGH THE MERCY OF  
GOD, REST IN PEACE. AMEN

## WEEKLY COLLECTION

NOV. 23RD & 24TH: \$1,850.03

## PRIMER DOMINGO DE ADVIENTO—DEC. 1ST, 2024 ESTÉN ALERTA EN TODO MEMENTO

Hoy es el primer domingo de Adviento, que es también el primer domingo del nuevo año litúrgico. En este nuevo año litúrgico, el Evangelio de Lucas será el Evangelio principal proclamado (Ciclo Leccionario C). En el Evangelio de hoy escuchamos a Jesús hablar a sus discípulos sobre la necesidad de vigilancia y oración mientras esperan la venida del Hijo del Hombre en gloria.

Aunque Jesús predice un tiempo de destrucción y miedo, Jesús indica que otros estarán asustados; los discípulos de Jesús no deben temer, sino mantenerse firmes. Sin embargo, Jesús no promete liberación de la ansiedad o las tribulaciones. Anima a sus discípulos a orar para recibir fortaleza. Las primeras comunidades cristianas no encontraron consuelo en la promesa de una utopía, ni nosotros debemos hacerlo. En cambio, encontramos en nuestra fe cristiana el medio por el cual damos testimonio del amor infalible de Dios por nosotros en todas las circunstancias.

Las predicciones de Jesús sobre el fin de los tiempos pueden parecer terribles, pero en el párrafo siguiente Lucas nos dice que la gente se despertaba temprano para escuchar a Jesús en su persona y en su mensaje, y que quienes lo escuchaban encontraban fuerza y consuelo. Al igual que los primeros cristianos, podemos encontrarnos con acontecimientos y circunstancias que nos pueden llevar a la desesperación. Sin embargo, a través de la oración encontramos fuerza y consuelo en las palabras de Jesús y en su presencia continua con nosotros para soportar todas las cosas y dar testimonio de la acción de Dios en nuestro mundo.

### PARISH NEWS: BEREAVEMENT MINISTRY AUTUMN BREAKFAST

On a lovely day in October, our Bereavement Ministers hosted a breakfast for parishioners who have lost a loved one. In the spirit of becoming a better acquainted community at OLMC, this event was not designed as an actual grief support group but rather as an opportunity to get acquainted and simply be together to enjoy a nice meal and conversation. Even though some guests have been long time parishioners, they had never met because they attend different Masses.

As it was close to All Souls Day, guests brought photos of their departed loved ones for a memory table. Each person introduced themselves by showing their photo, and sharing a little bit about them and their lives together. It was very a touching way to become acquainted.

Then, when a delicious meal of egg frittata, sausage and Irish soda bread, and pumpkin pie for dessert was served, warm conversations at all three tables filled the room. The hope of building a sense of community among our bereaved parishioners was beginning to happen. As she left one guest said, “It was so nice to attend a Bereavement event and actually leave feeling uplifted.”

Another gathering, a luncheon, is planned for January 22<sup>nd</sup>. Trudy Dowd and Patti McAleer were assisted by Berni Aliotti, Sarah Hills and Pat Dowd.



## EVENT CALENDAR

Sat. Nov. 30th & Sun. Dec. 1st. **First Sunday of Advent.** Beginning of the 'C' Liturgical Year. Focus on Luke's Gospel.

Fri. Dec 6th, 5:30 PM **Natale Christmas Dinner**

Mon. Dec. 9th **Immaculate Conception (Holy Day of Obligation).**  
12 Noon English Mass

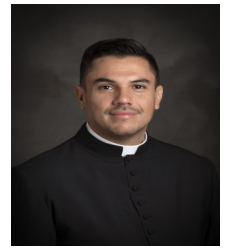
Thru, December 12

### Our Lady of Guadalupe:

- 6:00 AM Mananitas
- 6:30 PM Rosario
- 12 Noon Mass in English.
- 6:30 PM Danza Azteca
- 7:00 PM Misa con Mariachi
- 8:00 PM Convivio

Sun. Dec. 15 – Mon. December 23, 7 PM Posadas

## FROM THE PARISH PRIEST'S DESK...



Dear Parishioners Happy First Sunday of Advent! We are going to begin cycle 'C' in the liturgical calendar and focusing on the gospel of Luke, my favorite. I may teach a Bible study series about this Gospel during Spring 2025 since many of you have requested to have more formation in our recent parish survey.

You may have already noticed our newly reformatted parish bulletin. We hope to bring more parish news and community events information as well as a simpler layout. You can now request an item to post online at: [bulletin@ourladycarmelvalley.org](mailto:bulletin@ourladycarmelvalley.org) I am grateful to Sean Divine, Alondra Klemek and Trudy Dowd their ongoing help with these tasks. Shalom! Fr. Jhonnatan F. Carmona.

**SPAIN PILGRIMAGE**  
**11 DAYS: SEPTEMBER 15-25, 2025**


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For More Information, Please Contact:  
Fr. Jhonnatan Carmona  
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**DON'T MISS OUT! SIGN UP TODAY!**



## WHAT IS ADVENT?

Sunday, December 1, - Tuesday, December 24, 2024

Beginning the Church's liturgical year, Advent (from, "ad-venire" in Latin or "to come to") is the season encompassing the four Sundays (and weekdays) leading up to the celebration of Christmas.

The Advent season is a time of preparation that directs our hearts and minds to Christ's second coming at the end of time and to the anniversary of Our Lord's birth on Christmas. From the earliest days of the Church, people have been fascinated by Jesus' promise to come back. But the scripture readings during Advent tell us not to waste our time with predictions. Advent is not about speculation. Our Advent readings call us to be alert and ready, not weighted down and distracted by the cares of this world (Lk 21:34-36). Like Lent, the liturgical color for Advent is purple since both are seasons that prepare us for great feast days. Advent also includes an element of penance in the sense of preparing, quieting, and disciplining our hearts for the full joy of Christmas.

As we prepare for Christmas, the *General Instruction of the Roman Missal* notes some differences to the Mass that should be observed during the season. For instance, the priest wears violet or purple during Advent, except for the Third Sunday of Advent (Gaudete Sunday) when rose may be worn (GIRM, no. 346). Aside from what the priest wears, other aesthetic changes in the Church can include a more modestly decorated altar.

The final days of Advent, from December 17 to December 24, we focus on our preparation for the celebrations of the Nativity of our Lord at Christmas. In particular, the "O" Antiphons are sung during this period and have been by the Church since at least the eighth century. They are a magnificent theology that uses ancient biblical imagery drawn from the messianic hopes of the Old Testament to proclaim the coming of Christ as the fulfillment not only of Old Testament hopes, but of present ones as well.



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## SCHEDULE

### Weekday Mass

Wednesday — Friday, 12 noon

### Weekend Mass

Saturday Vigil at 4:30 PM

Sunday at 9:00 and 11:00 AM in English,

Spanish Mass: 2nd Sunday of the Month

1:00 pm in the Church.

4th Saturday of the month at 7:00pm in Cachagua.

### Reconciliation

Saturday at 3:30 PM and by appointment

### Office Hours

Wednesday — Friday:

1:00 pm—3:00 pm.

Sundays: 10:00 am—11:00 am.

*“At the heart of silence is prayer. At the heart of prayer is faith. At the heart of faith is life. At the heart of life is service.” St. Teresa of Avila*

## PARISH MINISTRIES

Pastoral Council

Finance Council

Faith Formation

Bereavement Ministry

Manna Ministry

Human Trafficking

Music Ministry

Parish Hall & Kitchen Rental

Social Media

Website

Eucharistic Ministers

Coffee Hospitality

Sacristans

Lectors

Ushers

## PARISH STAFF

**Fr. Jhonnatan Flórez Carmona**

Parish Priest

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**Gail Quinnan**

Assistant to the Pastor (Volunteer)

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**Rebecca Bayless**

Bookkeeper

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**Angelica Lozano**

Custodian